



Dear Friends and Supporters of HELP for Zambia,

We want to say a HUGE thank you for making our Christmas fundraiser, Mother/Baby Bags a huge success! We told you about this need and you responded! You gave.



We were able to give 150 mothers a plastic tub filled with everything they needed but couldn't afford, to have a safer, healthier hospital delivery.

When a mother in Zambia goes into have a baby, the list of what she is expected to bring is extensive. In addition to clothing and diapers, she is expected to bring an umbilical cord clamp and a sterile razor to cut it with. Sterile gloves, non-sterile gloves, soap for herself, and disinfectant to clean up after delivery are all on the list which contains many more items than this.

More often than not, the hospital is out of Lidocaine, which is the freezing agent given before getting stitches. Without Lidocaine, repairs after birth can become a traumatic event. It is shameful, not to mention unsafe for her to show up empty-handed.

Thanks to the generosity of Canadians, at \$25 per Mother/Baby bag, 150 bags were donated! 150 moms and babies were blessed!



There is an ongoing need for these mother/baby bags. If you want to give a mother a safer, healthier delivery, donations can be made to Loads of Love.



Thandi, with her husband, Luke, was able to do some health education about pregnancy and to help prepare the mothers for delivery before handing out the bags. Many of the mothers that received these bags are single teens. They were shown the love and care of Christ.



We were so blessed to receive donations to purchase a total of 9 manual sewing machines for our Women's Empowerment School! These machines will be used to teach vulnerable women job skills, and those women that show initiative and integrity will be offered the opportunity to earn their own machine so that they can start their own business. This allows them to support themselves and their children. Their families will be better nourished, better educated, and better cared for. Thank you to those who gave these treasures!



Thandi handed over three new manual sewing machines to Mrs. Libingi, who will be teaching the teenage girls of Kandabwe to sew. There are over 100 girls (and a few boys) enrolled in these sewing classes! There is no electricity in this area, so manual sewing machines are an amazing gift to this community. This will allow these girls, who are almost finished elementary school and most of whom won't go onto to high school, to be able to earn some money. This means that they won't be forced into early marriage or prostitution!

The mothers of this community are also waiting

to take sewing lessons at the Empowerment School. HELP for Zambia is working to secure tables for the Women's Empowerment School for the women of Kandabwe so we can get started!

The remaining sewing machines will be used for the adult sessions of the Empowerment Schools in both Kandabwe and Fitanda. Thank you for giving these women the opportunity to support themselves and their children!



On behalf of Thandi, Crystal, and the Board of HELP for Zambia, thank you for helping us help the women and children of Zambia.

